

SPRING MENU

Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Sweet potato, baby spinach and coconut curry	BBQ chicken	Lemon & herb crusted salmon (W)	Chicken tikka masala	Fish on Friday (W)
Main Vegetarian Dish	vegetable moussaka (D)	Vegetable lasagne (D) (W)	Macaroni in three cheese sauce (D) (W)	Jacket potato with baked beans	Veggie falafel (W) (D) (C)
Starchy Dish	Steamed rice	Sautéed potatoes	Minted new potato	Aromatic basmati rice	Potato wedges
Vegetable	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
Salad	Selection of fresh salad	Selection of fresh salad	Selection of fresh salad	Selection of fresh salad	Selection of fresh salad
Bread	50/50 bread (W)	Garlic bread (W)	50/50 bread (W)	Garlic and coriander naan bread (W)	Olive and sundried bloomer (W)
Dessert	Fruit selection or cheese & biscuits (W) or fruit yoghurt (D)	Fruit selection or cheese & biscuits (W) or fruit yoghurt (D)	Special pudding of the week	Fruit selection or cheese & biscuits (W) or fruit yoghurt (D)	Fruit selection or cheese & biscuits (W) or fruit yoghurt (D)
Drink	Water	Water	Water	Water	Water

; Wherever possible, all food is homemade on site from local, British ingredients
 John Donne Primary School is a nut-free and sesame seed free school. We use locally sourced ingredients when available and in season. We aim to provide special dietary requirements including allergens and intolerance. We are committed to reducing salt and sugar by using reduced salt and sugar at all times.
Key: (D) - Dairy, (E) - Eggs, (M) - Chickpea, (C) - (W) - Wheat