

# Children and Young Peoples Wellbeing

**1 in 5 young people will experience a mental health problem this year**

**We want to support them.**

We are inviting young people, their parents and their carers to a workshop. We want your help in considering what kind of offer would be most beneficial in supporting the wellbeing of our young residents.

Southwark Council are committed to improving outcomes for children and young people through our Child and Adolescent Mental Health and Emotional Wellbeing Services. We want to expand the services offered to support young people, aged 0 – 25.

We want to support the 15,000 young people in our Borough to lead healthy and happy lives to realise their potential in the future - *a fairer future*.

The workshop will be held on: Thursday 26th September

17:30 – 19:30

ORTUS Conferencing and Events Venue

82-96 Grove Lane

Camberwell

London

SE5 8SN

To book your space please go to:

<https://www.eventbrite.co.uk/e/children-and-young-peoples-wellbeing-workshop-registration-71647763389>