

AUTUMN/WINTER – WEEK 2

John Donne Primary School



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meat or Fish Dish	BBQ chicken wings	Three bean chilli in taco shells with cream cheese	Salmon and smoked haddock fish pie	Thai red chicken curry	Tex-mex burgers
Main Vegetarian Dish	Jacket potato with beans and cheese	BBQ jackfruit slices	Red Leicester mozzarella and cheddar macaroni	Banana blossom tandoori	Bean burgers
Starchy Dish	Spicy potato wedges	Steamed rice	Herbed new potatoes	Spiced rice	Spicy potato wedges
Vegetable	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
Salad	Selection of fresh salads	Selection of fresh salads	Selection of fresh salads	Selection of fresh salads	Selection of fresh salads
Dessert	Blueberry muffin	Mixed fruit flapjacks	Fresh fruit salad	Strawberry and coconut sponge	Ice cream pots
Fruit	Fruit selection, cheese & biscuits or fruit yoghurt	Cheese & biscuits or fruit yoghurt	Fruit selection or cheese & biscuits	Fruit selection, cheese & biscuits or fruit yoghurt	Fruit selection or cheese & biscuits
Drink	Fresh milk or water	Fresh milk or water	Fresh milk or water	Fresh milk or water	Fresh milk or water

Fresh soup with crusty bread available most days