Lunch Menu

Week 1



Meat Free Monday

Main
Chinese Vegetable Noodles

Vegetarian
Cherry Tomato & cheese Open tart
G, Mk

Carbohydrate
Pasta
G

Vegetables
Chef's Veg of the Day

Dessert
Fruit Selection or Cheese & biscuits or fruit yoghurt
G Mk

Tuesday

Main
Ethiopian Beef Stew

Vegetarian
Lentil Dhal Pie
G

Carbohydrate
Herb Crushed potatoes

Vegetables
Chef's Veg of the day

Dessert
Fruit Selection or Cheese & biscuits or fruit yoghurt
G Mk

Wednesday

Main
Jamaican Brown Stew Chicken

Vegetarian
Sweet potato curry Chaat

Carbohydrate
Rice and Peas

Vegetables
Chef's Veg of the Day

Dessert
Pudding of the Week
Jam and Coconut Sponge
G , E, Mk

Thursday

Main
Shepherd's Pie*
Mk
(No Mk- Option Available)

Vegetarian
BBQ bean Burrito
G
(GF- option Available)

Carbohydrate
Mash Potato
MK

Vegetables
Chef's Veg of the day
Side Salad

Dessert
Fruit Selection or Cheese & biscuits or fruit yoghurt
G Mk

Friday

Main
Beef Burger
G, Su

Vegetarian
Veggie Burger
G

Carbohydrate
Potato wedges

Vegetables
Baked beans

Dessert
Fruit Selection or Cheese & biscuits or fruit yoghurt
G Mk



All allergy concerns are catered for, please speak to our catering manager for more information

Allergens						
Ce Celery	F Fish	Mk Milk	N nuts	So Soya	E eggs	Mu Mustard
Cr Crustacean	G Cereals (Gluten)	Mo Molluscs	P Peanuts	Su Sulphur dioxide	L Lupin	Se Sesame Seeds