Lunch Menu

Week 2



Meat Free Monday

Main
Oven-Baked Macaroni Cheese topped with crispy onions
G , Mk

Vegetarian
Oven Roasted Thai red Curry

Carbohydrate
Potatoes

Vegetables
Chef's Veg of the day

Dessert
Fruit Selection or Cheese & biscuits or fruit yoghurt
G Mk

Tuesday

Main
Chilli beef Tacos

Vegetarian
Mexican bean chilli tacos

Carbohydrate
Seasoned Rice

Vegetables
Taco Salad bar

Dessert
Fruit Selection or Cheese & biscuits or fruit yoghurt
G Mk

Wednesday

Main
Jamaican Jerk Chicken

Vegetarian
Roasted Sweet potato and Pumpkin Tart
G

Carbohydrate
Nigerian Jollof Rice

Vegetables
Chef's Veg of the day

Dessert
Pudding of the Week
Beetroot Brownie
G, E, Mk

Thursday

Main
Sausage with caramelized Onion Gravy
S, GD
**(GF-Option Availible)*

Vegetarian
Vegetable Sausage with caramelized Onion Gravy
GF

Carbohydrate
Mashed Potato*
MK
*(Mk- Free option availible)

Vegetables
Chef's Veg of the day

Dessert
Fruit Selection or Cheese & biscuits or fruit yoghurt
G Mk

Friday

Main
Homemade Margherita Pizza
G , Mk

Vegetarian
GF & **DF**
Pizza Option

Carbohydrate
Potato Wedges

Vegetables
Chef's Veg of the day

Dessert
Fruit Selection or Cheese & biscuits or fruit yoghurt
G Mk



All allergy concerns are catered for, please speak to our catering manager for more information

Allergens						
Ce Celery	F Fish	Mk Milk	N nuts	So Soya	E eggs	Mu Mustard
Cr Crustacean	G Cereals (Gluten)	Mo Molluscs	P Peanuts	Su Sulphur dioxide	L Lupin	Se Sesame Seeds